



# KIDS EMPOWERED

**Kids Empowered** has provided empowerment programs since 1998 for over 200,000 children, teachers, counselors and parents. Kids Empowered programming includes professional development, summer day camps, retreats, assemblies, parenting workshops, parent/child workshops, webinars, scout programs, and classroom presentations. Topics covered include bully-proofing kids, building confidence, teaching social skills and dealing with unfriendly friends.

## **Kimber Bishop-Yanke, M.I.M., Founder of Girls and Boys Empowered**

For more than 20 years, Kimber has developed curriculum and lead programs on building confidence and self-esteem; developing social skills and emotional intelligence; and dealing with unfriendly friends, mean-spirited behaviors, relational aggression, and bullying. She has worked with kids, parents, and professionals throughout the United States and across the globe, including Kenya and a number of countries in the Middle East.

## **Drew Yanke, M.A., LLP**

Drew is a local psychologist who helps families and kids develop healthy relationships and overcome challenges, including depression, anxiety, anger management, self-esteem issues, and family conflict. Drew specializes in working with children with Autism Spectrum Disorders and has a deep understanding of how ADHD can affect children – and the parents, caregivers, and educators of these children. Husband and father of three, Drew also works with kids who are experiencing academic issues and mean kid or bullying behaviors.

## **Dana Silverstein, LLMSW**

Dana is a Master of Social Work with passion and experience in helping our youth to reach their full potential. She uses creativity with an eclectic approach to meet the unique needs of your child while fostering their individual goals. Dana specializes in enhancing living and social skills while utilizing strength-based and empowerment theories to enhance your child's self-esteem and confidence; while using cognitive behavioral theories to aid in healthy cognition, anxiety and executive functioning. Dana finds great joy and importance in supporting our youth through one-on-one support and looks forward to assisting in the success of your children!

## **Contact:**

Phone: 248.757.0912

Email: [kimber@KidsEmpowered.com](mailto:kimber@KidsEmpowered.com)

Kids Empowered Coaching and Counseling Center

1787 W Big Beaver Road, Troy, MI

[www.KidsEmpowered.com](http://www.KidsEmpowered.com)

Facebook: @WeAreKidsEmpowered